



Feb. 22/23, 2020

The 10 Commandments – Work and Rest

Check In

Pick a question to see how the people in your group are doing with Jesus. See the template for ideas!

Story

Have one person or one couple share their story, if you are doing this idea.

Discussion

- Read Exodus 20:8-11
- **Gift of Work for God:** Re-read v.8-9. You will work 6 days, but not on the Holy Sabbath.
 - What areas of your work seem like a struggle right now instead of a blessing?
 - How does your work help put the Legos back to how they are made to be?
- **Gift of the Sabbath from God:** Re-read v.10-11.
 - If you rated your rest right now, and what gives you rest, what would it be? Why?
 - God goes out of his way to close any loopholes in his command. Why is that? Why is resting on the Sabbath so hard? Where you look for false rest?
- **Connect Jesus to the Command:** Read Matthew 11:25-12:14. Listen for how Jesus said we find rest and how he and the disciples lived it out. What stuck out to you? What can we learn from the Pharisees? What makes rest in Jesus possible?
- **Apply the command personally:** What changes could you make in your schedule, your habits, or your outlook that could help you honor God with your work or rest?

Pray

Go around as a group and ask for prayer requests.

Announcements

Baptisms on Easter // April 11 & 12

If you haven't been baptized, there is no better weekend than Easter Weekend. We are having baptisms at all services. There is a Baptism Class on Sunday, March 8. Sign-up today!